



## +Craft – Photo captioning

### What you need

- Photos and/or magazine cut-outs
- Pen or pencil
- Paper to write the caption on

### What you do:

- Gather a group in a circle. Ask each participant to choose a photo. Explain to the group that they must each come up with a humorous caption for their photo. Show examples if necessary.
- When everyone has worked out with their caption, invite each participant to share their photo and caption.

### +Think

How about getting everyone involved, the gardener, the chef, or laundry assistants. You could ask residents or staff to go around the home and take photos for you to use.



### +Think

You could make a display using the photos and captions



## +Music

### +Activity – Musical Instruments

Do you or your staff or residents play music/have a musical instrument?



You could have a few laid out around the home and invite people to have a go, or if someone knows how to play you could arrange for them to give a lesson.

This would be another great way to get everyone involved with Activities, and show the team that it's not all about art & craft!



### +Activity – African Drum

Make a drum out of a coffee can and some basic supplies.

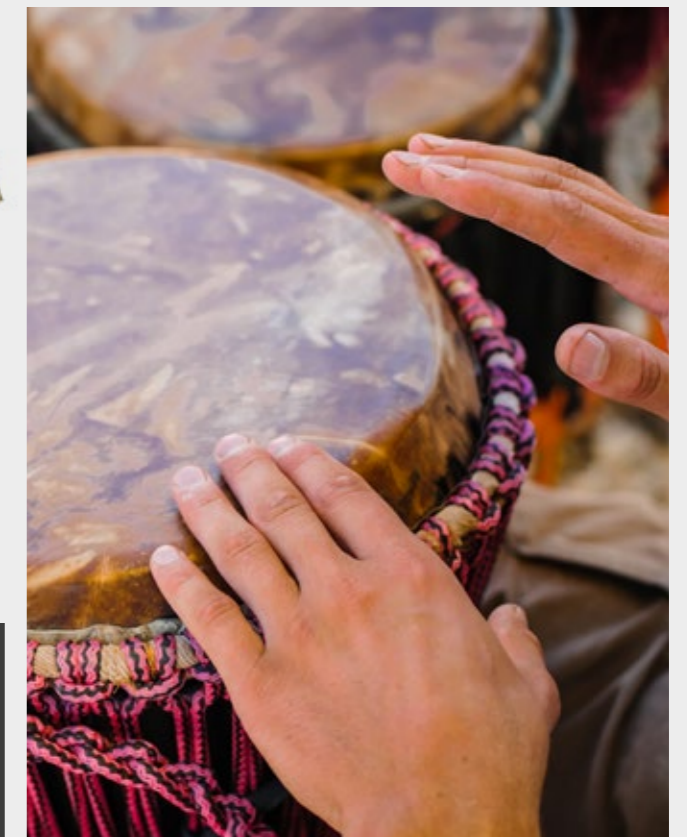
#### What you need

- Empty Coffee Can – A catering 1kg size or larger and the lid!
- Glue- PVA or glue stick
- Animal stickers/ pictures/ photographs
- Coloured Paper
- Scissors



#### What you do:

- Cut a piece of yellow paper to fit the coffee can.
- Decorate with safari animal stickers/ pictures and African designs.
- Decorate them on a theme- countries, colours, shapes, years, and family – anything your residents want.
- Stick the paper to the can, once dry happy drumming!



### +Think

Some may enjoy just looking and listening