



June 24th – Pride Resource

# My Flag, My Pride

When we think of Pride Month we think of the iconic image of the rainbow Pride flag, the beautiful array of vibrant but meaningful colours fluttering in the breeze.

Each colour is important and signifies hope, diversity, and vibrancy.

Why not create your own Pride flags, what colour best reflects your personality or represents your feelings or attitudes?

### You will need:

- + Card
- + Scissors
- + Pencil
- + Ruler
- + Mix of coloured paint/ coloured pencils/ felt tips
- + Craft bits for decoration
- + Lolly sticks or stiff straw for the flagpole (optional)

### What you do:

- + Using the link, provide some examples of images of Pride flags.
- + Discuss in the group.
- + Do they recognise the flag?
- + How do they feel?
- + What understanding do they have of the flag's origins and significance?
- + Look at using the craft materials in front of you and the colours your own pride flag could represent. Maybe they enjoy strawberry trifle – Red might represent this. Perhaps they enjoyed hiking a lot and it was muddy – Brown might represent this. Maybe they are just a happy person and always smile – Yellow might represent this.
- + Take your card and cut out a flag the size of a post card.
- + Draw 5 equal horizontal lines from one side of the flag to the other. You should have 6 columns.



- + Colour each column in the chosen colours.
- + Once dry you can write one word that represents the meaning of that colour e.g. Red – Trifle, Brown – Hiking or Yellow – positivity.
- + You could use extra decoration like glitter or stickers.
- + Use a lolly stick or stiff straw as a flagpole. Glue or staple the paper around the flagpole.
- + Give the flag a wave with Pride!

### History of the Pride flag

The rainbow Pride flag was designed in 1978 by artist and gay rights activist Gilbert Baker. Originally eight colours, it measured 30 by 60 feet and Gilbert had incredibly sewn it all by hand. The Flag made its debut in the San Francisco's United Nations Plaza for Gay Pride Day, on June 25, 1978. Gilbert said of the flag "We needed something to express our joy, our beauty, our power. And the rainbow did that,"



We would love to see how you get on – email photographs to [communications@napa-activities.co.uk](mailto:communications@napa-activities.co.uk) or tag us on social media [@napalivinglife](https://www.instagram.com/napalivinglife) [#NAPAActivitiesCalendar](https://www.instagram.com/napaactivitiescalendar)