



## Organisations for Carers of People with Dementia:

The Carers Trust, previously The Princess Royal Trust for Carers and Crossroads Care, provides access to breaks for carers, information and advice, training and employment opportunities. Call **0300 772 9600** or **0292 0090 087** for Wales, **0300 772 7701** for Scotland – [www.carers.org](http://www.carers.org)

Carers UK provides advice and information to carers, including advice on benefits and accessing care and support. This is available through the website, booklets, factsheets and their Adviceline. Call **0808 808 7777** or email [info@carersuk.org](mailto:info@carersuk.org) - [www.carersuk.org](http://www.carersuk.org)

Care Information Scotland is a telephone and website service, offering information about care services for older people in Scotland. This service is funded by the Scottish government and run by NHS 24. Their helpline number is **0800 011 3200** - [www.careinfoscotland.scot](http://www.careinfoscotland.scot)

Dementia UK provides mental health nurses who specialise in dementia, called Admiral Nurses. They provide practical and emotional support to families affected by dementia, as well as advice on referrals to appropriate services, and can liaise with other healthcare professionals on your behalf. To find out if Admiral Nurses are available in your area, you can call their helpline on **0800 888 6678** or email [helpline@dementiauk.org](mailto:helpline@dementiauk.org) – [www.dementiauk.org.uk](http://www.dementiauk.org.uk)

Together in dementia everyday (TIDE) is a UK wide network connecting carers and former carers of people with dementia to create real change together. England Call **0151 237 2669** or Scotland **0141 353 5607** or email [carers@tide.uk.net](mailto:carers@tide.uk.net) - [www.tide.uk.net](http://www.tide.uk.net)

To discuss best practice approaches to engaging people living with dementia in person centred activity and engagement contact the NAPA Helpline.

